



# Appendix A: Figure. Example of Safe Donning and Removal of Personal Protective Equipment (PPE)

ISOLATION PRECAUTIONS GUIDELINE  
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Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (2007)

## WHAT TO KNOW

Below are illustrations and instructions for donning and removing personal protective equipment (PPE).

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#### Figure

[Donning of PPE](#)

[Removing PPE](#)

## Figure

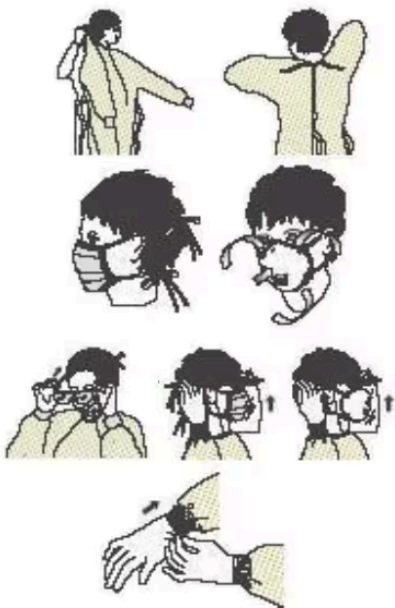


PPE [October 2014]

See [Sequence for Putting on Personal Protective Equipment and How to Safely Remove Personal Protective Equipment](#) [PDF](#) for updated procedures.

## Donning of PPE

Donning PPE



### Gown

- Fully cover torso from neck to knees, arms to end of wrist, and wrap around the back
- Fasten in back at neck and waist

### Mask or Respirator

- Secure ties or elastic band at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator

## Goggles/Face Shield

- Put on face and adjust to fit

## Gloves

- Use non-sterile for isolation
- Select according to hand size
- Extend to cover wrist of isolation gown

## Safe Work Practices

- Keep hands away from face
- Work from clean to dirty
- Limit surfaces touched
- Change when torn or heavily contaminated
- Perform hand hygiene

## Removing PPE

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### Gloves



Removing PPE

- Outside of gloves are contaminated!
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist

## Goggles/Face Shield

- Outside of goggles or face shield are contaminated!
- To remove, handle by "clean" head band or ear pieces
- Place in designated receptacle for reprocessing or in waste container

## Gown

- Gown front and sleeves are contaminated!
- Unfasten neck, then waist ties
- Remove gown using a peeling motion; pull gown from each shoulder toward the same hand
- Gown will turn inside out
- Hold removed gown away from body, roll into a bundle and discard into waste or linen receptacle

## Mask or Respirator

- Front of mask/respirator is contaminated – DO NOT TOUCH!
- Grasp ONLY bottom then top ties/elastic and remove
- Discard in waste container

## Hand Hygiene

Perform hand hygiene immediately after removing all PPE!

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Disinfection and Sterilization Guideline

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National Center for Emerging and Zoonotic Infectious Diseases (NCEZID)

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Partly

No

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Isolation Precautions Guideline

Table 1. History of Isolation Guidelines

Table 2. Transmission-Based Precautions

Table 3. Bioterrorist Threats

Table 4. Standard Precautions

Table 5. Protective Environment